



Chef Daniel Verati offers a delicious selection of gourmet recipes

Renowned Chef Daniel Verati has more than 20 years of experience in culinary arts. He has worked in many famous restaurants all over the world and managed his own five-star restaurant. Chef Verati also taught in some of the world's most prestigious cooking schools.

For Chef Verati, this recipe book represents a dream come true. The wide variety of low-fat and low carbohydrate dishes are perfect for every day meals or for people who plan on following the Ideal Protein Weight Loss Program (from Phases 1 to 3 and the maintenance phase). Easy to follow recipes emphasize the natural flavors and textures found in ingredients with tasty and appealing results. With its vibrant design and mouth-watering images, the book is fitting for today's fast pace and promises satisfying cooking and eating experiences.

Enjoy and bon appétit!

